

International Student's Guide 2020/2021



On the road to a unique experience abroad in
a dynamic school
and in a vibrant city!

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1. ARRIVAL IN LILLE



By Airplane from :

- **Roissy-Charles de Gaulle Airport**

Trains link the airport and both Lille Flandres and Lille Europe stations every hour.

Hours and booking: <https://en.oui.sncf/en/>

Orly Sud / Orly Ouest Airport

- **Via Orly Val**

Take the Orly Val until Antony (9.30€), then take the RER B towards Saint Rémy les Chevreuses/Massy, stopping at Gare du Nord.

Hours and booking: www.orylval.com



Airport

- **Lille**

A shuttle links the airport (gate A) to the city center (Euralille mall). Travel lasts about 20 minutes, and costs 8€. Hours and booking: www.lille.aeroport.fr

- **Brussels**

Trains regularly link the Airport to the Brussels Midi Station, where you can take another train to Lille. Hours and booking: www.brusselsairport.be

To organize your trip from Brussels city to Lille, just have a look at:

-SNCB: <https://www.belgiantrain.be/fr>

-Eurostar (Brussel-Zuid to Lille Europe): <https://www.eurostar.com/rw-en>

-SNCF TGV: <http://www.sncf.com/fr/trains/tgv>

- **Charleroi Airport**

A shuttle exists between Charleroi Airport and Lille.

Flibco buses will take you right in front of the terminal just a few metres from the check-in desks and they will drop you off at Lille Europe Station (from 17€): <https://www.flibco.com/fr>



Via Bus

Take the bus AIR FRANCE line 1, bus stop Montparnasse. The one-way ticket costs 12€. There, take the underground towards Porte de Clignancourt and stop at Gare du Nord.



Via RER

Go by foot to the Pont de Rungis / Aéroport d'Orly train station. Take the RER C (From 6,15€) towards Argenteuil/Montigny-Beauchamps, and stop at Saint Michel Notre Dame. Then, take the RER B (From 12.50€) towards Charles de Gaulle/Crépy en Valois and stop at Gare du Nord.

The underground ticket costs 1,80€.

Hours and booking: www.aeroportsdeparis.fr

- **Once you are at Gare du Nord**

Once you have arrived safely at the Gare du Nord, you will be able to take a train to Lille (either the Lille Flandres or the Lille Europe Station). Hours and booking: <https://oui.sncf/en/>

There are also buses that link Paris Bercy to Lille in 3 hours, prices starting at 9€ for the one-way ticket. Information and booking: <https://fr.ouibus.com/>

2. PRESENTATION OF THE CITY



Nicknamed **“the Flanders’ Capital”**, Lille is a town situated in the North of France.

Lille is ideally located at the heart of northwestern Europe, thus providing easy access to several great European capitals thanks to a big variety of means of transport such as high speed trains or buses. It is located in the center of a triangle of great capitals such as Brussels, Paris and London.



With other towns like Lomme, Tourcoing, Roubaix, Lambersart and Villeneuve d’Ascq, it constitutes one of France’s great metropolis. These towns are regrouped in the “Métropole Européenne de Lille”. It is also considered as the fifth-largest urban area in France after Paris, Lyon, Marseille and Toulouse.

With its 100,000 students, Lille is a very dynamic, cultural, and enjoyable town to live in, and benefits from a good transports network, the Euralille mall, and other cultural events.

Lille's ID card

REPUBLIQUE FRANCAISE

NAME : LILLE
NICK NAME : FLANDER'S CAPITAL



CLIMATE : *oceanic temperate climate*

POPULATION : *228 652 in the city*

AREA : *34.8 km²*

STATUE : *Administrative center of the Nord French department*

MAYOR (FROM 2014 TO 2020) : *Martine AUBRY*

Climate

Lille benefits from an oceanic temperate climate. During both autumn and spring, the weather is quite mild, but the sky can sometimes stay grey for several days. It rains regularly, mostly in autumn. Temperatures can vary from 3 to 20 °C.

During winter, temperatures are comprised between 0 and 6°C, sometimes going below 0°C. Either it rains or snows; or it can be very windy.

Weather in summer is generally sunnier and warmer, with temperatures ranging from 10 to 23°C, sometimes going higher. However, rain can still fall from time to time, and storms can happen.

Meteo France website: <http://www.meteofrance.com/previsions-meteo-france/nord-pas-de-calais/regi31>

CITY TOUR

THINGS
TO DO
IN LILLE



SMALL LIST

OF

WHAT YOU CAN VISIT IN LILLE

01

EURALILLE
SHOPPING CENTRE

02

THE OLD LILLE
WITH ITS FLAMBOYANT
ARCHITECTURE

03

THE PALAIS DES BEAUX-ARTS
THE SECOND LARGEST GENERAL-INTEREST
MUSEUM IN FRANCE, JUST AFTER THE
LOUVRE

04

THE TOWN HALL AND ITS BELFRY
IT WAS BUILT FROM 1924 TO 1932 BY EMILE
DUBUISSON WHO WAS INSPIRED BY THE TRIANGULAR-
GABLED FLEMISH HOUSES. ITS 104 METRES-HIGH
BELFRY IS LISTED AS A UNESCO WORLD HERITAGE
SITE

05

THE CITADEL
PENTAGONAL CITADEL OF
THE CITY WALL OF LILLE, IN
FRANCE. IT WAS BUILT
BETWEEN 1667-1670

06

OPERA HOUSE OF LILLE
NEO-CLASSICAL OPERA HOUSE, BUILT FROM
1907 TO 1913. ON THE TOP YOU CAN SEE
THE STATUE OF APOLLO WITH NINE MUSES.
TODAY IT HAS A BUSY PROGRAMME OF
EVENTS

07

THE BASILICA OF NOTRE DAME DE LA
TREILLE
A ROMAN CATHOLIC CATHEDRAL
AND BASILICA, AND A NATIONAL
MONUMENT OF FRANCE

08

GRAND PLACE
WITH ITS OLD STOCK EXCHANGE
A SECOND-HAND BOOK MARKET CAN BE
SEEN INSIDE. IN SUMMER, TANGO
DEMONSTRATION

09

EGLISE DU SACRÉ COEUR
A CHURCH BUILT DURING
THE 19TH CENTURY

10

THE RIHOUR PALACE
ONE OF THE RARE REMINDERS OF THE
FLAMBOYANT GOTHIC STYLE IN LILLE

Other things important to see

1. **Paris Gate** (There are three remaining gates of the city in existence and The port De Paris is the most striking of them. It is close to the Town Hall and the belfry. It was erected between 1685 and 1692 and it features figures of Mars and Hercules symbolizing War and Power.)
2. **Sebastopol Theatre** (The conviviality between artists and public has improved since 1998, when the theatre was reconstructed, in order to offer a greater comfort. Today, Sebastopol theatre has no more than 1350 places and offers to its public an excellent visibility and a perfect acoustics which contribute to its continued success)
3. **The Saint Sauveur Station** (Lille-Saint-Sauveur is a former goods station of Lille with some of the buildings has been converted into recreational areas and exhibition on the occasion of the events of Lille. The building, which dates from the nineteenth century, was converted into an exhibition space and event planning and now houses a bar, a restaurant and a cinema)



4. **The Maisons Folie in Lille and Lomme** (The two Maisons Folie in Lille (Maison Folie Moulins and Maison Folie Wazemmes) and the Maison Folie in Lomme (Maison Folie de Beaulieu) are a new style of cultural infrastructure, born from the energy and dynamism injected by Lille 2004, European Capital of Culture. As cultural amenities, they are meeting points for encounters between local, national and international artists, troupes and organisations, whilst also involving residents from the adjacent districts in their projects)
5. **Wazemmes Flea Market** (with food, flowers, fabrics and exotic products, it's one of the largest markets in France. Colourful, with a "soho" atmosphere, you'll often hear an accordion being played. Held on Sunday, and often attracting crowds of up to 15,000)

“La Braderie”

Lille hosts an **annual flea market** (called “La Braderie”) on the first weekend in September. Between two and **three million visitors** are drawn into the city. It is one of the largest gatherings of France and the largest flea market in Europe.

Many of the roads in the inner city (including much of the old town) are closed and local shops, residents and traders set up stalls in the street.



3. SCIENCES PO LILLE



As an international institute, Sciences Po Lille is a highly selective public institute of higher education specialized in law, the humanities and social sciences (political science, economics, history, and sociology).

With an enrolment of 1 650 French students and 250 international students from more than 50 countries and 5 continents, Sciences Po Lille offers a large variety of courses taught in English, Spanish and, of course, French.

Our acceptance rate is one of the lowest in France, as less than 10 % of applicants are granted admission.

We constantly strive to reinforce our international standing by developing our partnerships with international universities, working with our international partners to expand our selection of dual Master's degree programs, and welcoming a greater number international students.

Lille is ideally located at the heart of northwestern Europe, thus providing easy access to several great European capitals thanks to high-speed train service. With its rich cultural and student life, Lille is a very enjoyable place to live.

We would be thrilled to count you among our partners and students.

General Presentation

Created in 1991, Sciences Po Lille is one of France's nine prestigious Institutes for Political Studies. These highly selective and elite institutes function under the aegis of the National Foundation of Political Science.

A part of the University of Lille and the Advanced Research and Higher Education Center of Northern France, Sciences Po Lille is led by Pierre Mathiot. Eric Charpentier, chairman of the company Credit mutuel Nord Europe, presides over its board of trustees.



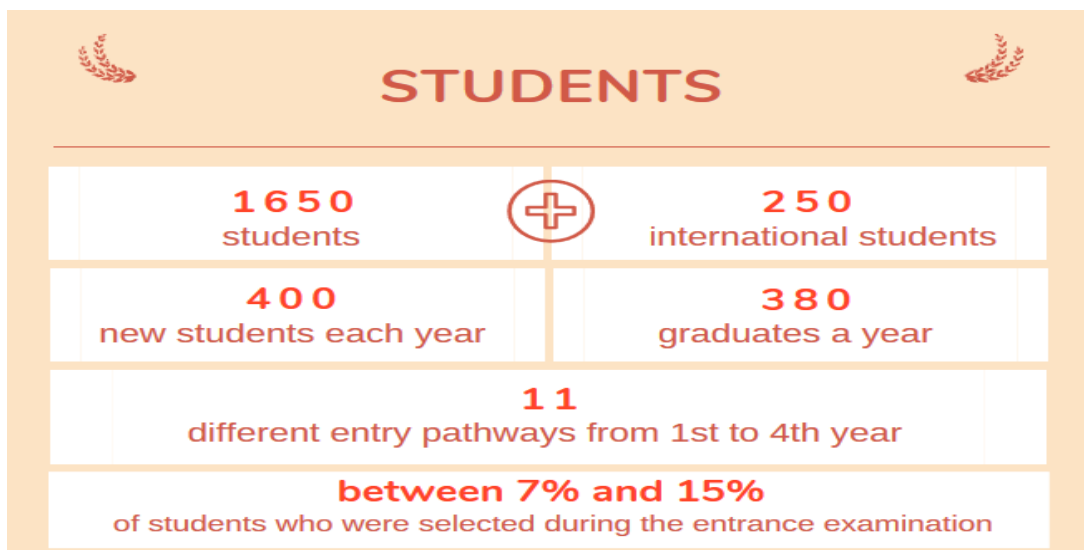
Pierre Mathiot
*Director of
Sciences Po Lille*

Students wishing to attend Sciences Po (1st year, 2nd year or Master's program) must pass highly selective and competitive entrance exams (a 7 to 12 % pass rate).

With its decidedly international focus, Sciences Po Lille welcomes exceptional students and prepares them for high-level careers in the private and public sectors, international organizations, NGOs, European Institutions, senior civil service, and human resources.

Many of our graduates also find success in the fields of journalism, teaching and research. In 2011, the opportunity to perform a double major with the School of Journalism was established and in September 2015, fifth year students majoring in international finance and commerce can now put their academic knowledge into practice by alternating their time between their studies at Sciences Po with a work placement.

Sciences Po Lille by the numbers



Our academic programs

A **5-year program** for students joining in the first year. The third year is spent abroad, either studying at a foreign university or completing an internship.

A **4-year program** for students joining in the second year. The third year is spent abroad, either studying at a foreign university or completing an internship.

A **2-year program** for students joining the Master's program.

According to international standards of higher education, the diploma awarded by the Institute of Political Studies of Lille (Sciences Po Lille) is equivalent to a Master's degree, or 300 ECTS.

- **Tuition**

The cost of tuition is set by the Sciences Po Lille Board of Trustees. It can vary from 0 to 3200 €, depending on your parents' income.

A program with an international focus

Our 5-year program combines a general and multi-disciplinary 3-year undergraduate program (students choose a pre-specialization in the second year) with a professionally oriented 2-year master's program. The third year - a year abroad - is fundamental and lies at the heart of the program.

All students are required to spend their third year abroad, either studying at one of Sciences Po Lille's 150 partner universities or completing an internship with a foreign company, government or NGO. This year abroad is a true turning point of the program and enables students to improve their language skills, discover other cultures and refine their orientation for the master's program.

Dual degree programs

Early on, Sciences Po Lille decided to capitalize on its prime geographic location to develop its international relations. Since 1999, three dual degree programs have been established in partnership with three European universities, and this year a brand new dual degree program with Italy:

- University of Kent at Canterbury (Great Britain),
- University of Münster (Germany),
- University of Salamanca (Spain).
- University of Sapienza (Italy).

The students admitted to these programs spend two years abroad experiencing a different academic environment and following a rigorous curriculum that is perfectly coordinated with the Sciences Po Lille program. Upon graduation, these students receive a degree from the partner university in addition to their Sciences Po Lille diploma.

- **Franco-German dual degree in social and political sciences**



Created in 1999, the Franco-German dual degree offers students the opportunity to study social and political sciences in France, at Sciences Po Lille, and in Germany, at the Westfälische Wilhelms-Universität of Münster.

Students may spend their fifth year of study in Lille, Münster or at a partner university (University of Lille 1, 2 or 3, the University of Kent in Great Britain, or the University of Twente in The Netherlands). Every year, an equal number of French and German students are selected to attend each participating institution.

Upon completing the program, students are awarded three diplomas: a bachelor's degree from the University of Münster, a master's degree from the University of Münster, and the Sciences Po Lille degree. They also receive a certificate from the Franco-German University that supports the program.

Sciences Po Lille selects the French students for the program, while the University of Münster selects the German students. The number of students accepted to the program is based on the number of places available (generally 40). These students stay together throughout their university studies.

With the Franco-German dual degree program, students receive degrees recognized in two countries, two cultures and two different systems of higher education. This experience encourages students to be open-minded and develops their ability to adapt to new environments.

This program also provides students the perfect opportunity to improve the two languages. English is also frequently used at both universities, which further reinforces the students' linguistic abilities.

It is also possible to enter this degree in Master's Cycle and get a double Master in "European and International Governance".

- **Franco-British dual degree in social and political sciences**

Established in 2002, this combined program in social and political sciences allows British and French students to earn a specialized Franco-British Sciences Po Lille diploma as well as a Bachelor of Arts degree and a Master of Arts degree from the University of Kent at Canterbury.



The number of students accepted for this 5-year program is determined each year according to the number of places available. Those selected study together for the entirety of the program: the 1st year is spent at Sciences Po Lille, the 2nd and 3rd years at the University of Kent, the 4th year at Sciences Po Lille, and the 5th year at Sciences Po Lille or at the University of Kent (in Canterbury or Brussels).

The Franco-British program allows students to earn degrees recognized in both countries, in two cultures and two different systems of higher education. This experience encourages students to be open-minded and develops their ability to adapt to new environments.

This program also provides students the perfect opportunity to master two major languages.

- **Franco-Spanish dual degree in social and political sciences**



Sciences Po Lille and the University of Salamanca established a common program in social and political studies in 2006. This program invites French and Spanish students to earn two degrees: the specialized Franco-Spanish Sciences Po Lille diploma and a Master of Arts degree from the University of Salamanca.

This purpose of this program is :

- to provide students a highly demanding academic education that opens them to a wide range of careers,
- To develop a common academic background for the French and Spanish students accepted to the program each year.

Students may apply to enter this 5-year dual degree program in the first or third year. Every year, a well-balanced group of French and Spanish students is selected by each institution, based on the number of places available in both institutions.

At Sciences Po Lille, as at the University of Salamanca, the subjects taught have both a theoretical and practical interest. Students are provided with a strong base in the humanities before being prepared for a specialized range of national and international careers.

Double masters

- **Double master in Europe and the world**

This 2-year program aims to provide students with in-depth knowledge of contemporary European policy, including the international relations of the EU and its member countries. Students spend their first year at Aston University and the second at Sciences Po Lille, where they also complete an internship. The students selected for this program have the opportunity to study European affairs from both a British and a French perspective.

The double MA degree they earn prepares them for careers in European affairs, in both the public and private sectors.

1st year

The courses are provided by the Department of Politics and International Relations of Aston University's School of Languages and Social Sciences and are taught by specialists in Politics, International Relations and European Studies. Students also benefit from the influence of the school's other fields of study, such as the Human Sciences and languages. Thanks to the teams of the Aston Centre for Europe (ACE), the Department of Politics and International Relations is experiencing rapid growth and development.

2nd year

In their second year of study, students benefit from the experience of the entire academic staff of Sciences Po Lille, and particularly that of our European affairs specialists. They also have the opportunity to learn from leaders in the field who are invited to give lectures, conferences and debates.

- **Double master in European studies: Central and Eastern Europe**

Hosted by the University of Szeged (Hungary) and Sciences Po Lille, this new program (established in 2012) aims to equip students with in-depth knowledge of contemporary European issues, including the international relations of the EU and its members, with a strong focus on Central and Eastern Europe. Students who earn this double degree develop an understanding of European Affairs from both a “new Europe” (Hungarian) and “old Europe” (French) perspective. This program prepares students for careers in European Affairs in both the public and private sectors.

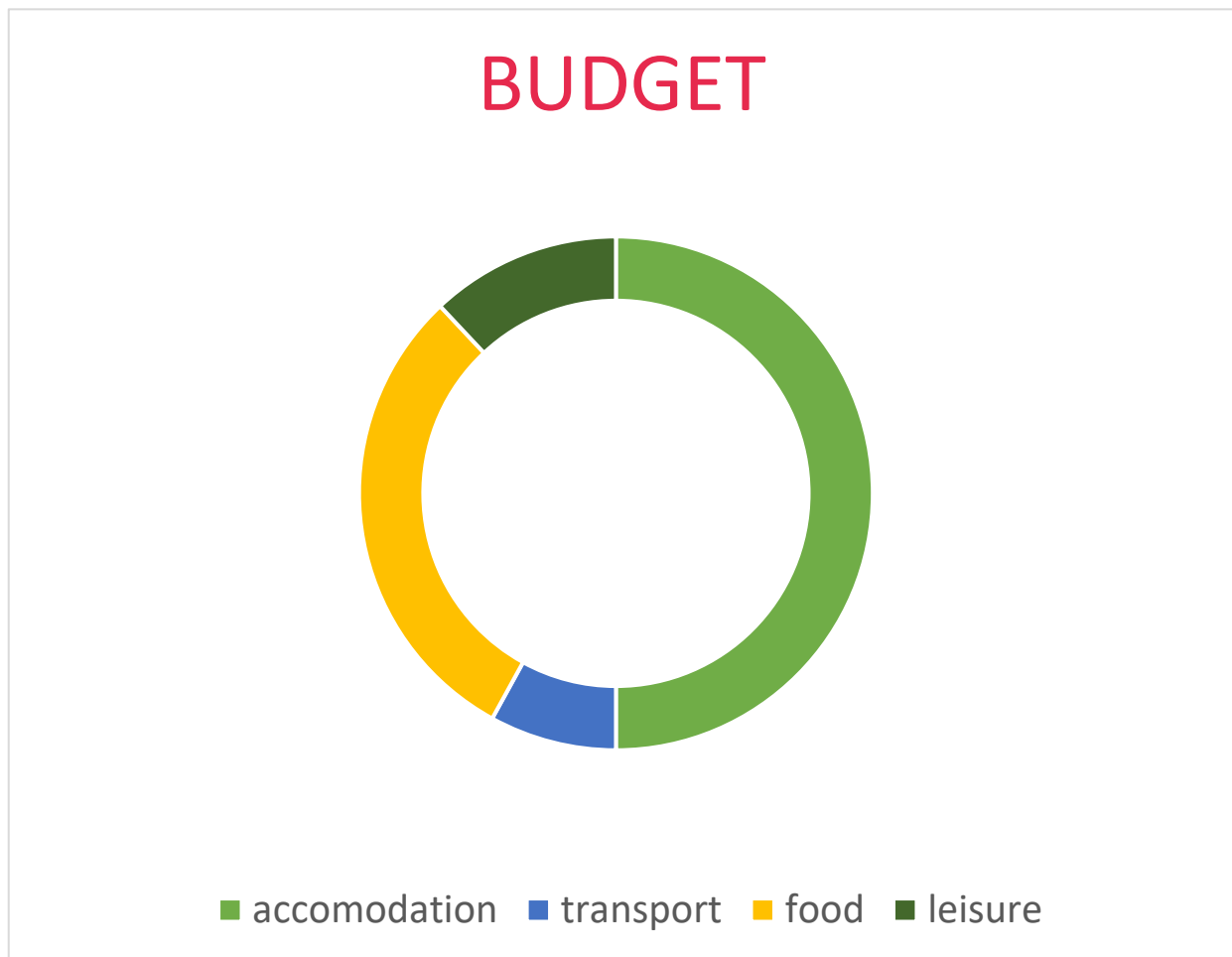
As they alternate semesters between the two universities, the students benefit from the experience of the academic and research teams of both the University of Szeged and Sciences Po Lille. Particular emphasis is placed on the issues and affairs of Central and Eastern Europe, such as their integration into the EU and other international relations.

The subjects covered (institutional, diplomatic and economic issues) encourage students to develop their knowledge of this rapidly growing field.

4. FINANCING

Before your departure, you should think about financing your stay in France, plan a budget according to your funds, and evaluate your needs. To live comfortably in France, you must have between 700 and 900 € per month at your disposal (lease, food, healthcare, books, leisure, outings, etc.) A minimum of 615€ per month is required to obtain a residence permit.

To know more about grants for international students, please consult the Campus France's grants listing.





TRANSPORT IN LILLE

SUBWAY / BUS / TRAMWAY

[HTTPS://WWW.ILEVIA.FR/FR](https://www.ilevia.fr/fr)

ITEMS	PRICE
1 ticket	1.65
Book of 10 tickets	14.45
You can also obtain a reduction if you are less than 26 y.o.	11.80

TRAINS FROM LILLE

[HTTPS://WWW.OUI.SNCF/](https://www.oui.sncf/)

ITEMS	PRICE
Lille - Paris / return ticket	15 to 70
Lille - Brussels / return ticket	19 to 40
Lille - London / return ticket	65 to 180
"Carte Jeune" (12-27 years old)	50

**People who are less than 26 years old have often reduced prices*



BUSES FROM LILLE

[HTTPS://FR.OUIBUS.COM/](https://fr.ouibus.com/)
[HTTPS://WWW.FLIXBUS.FR](https://www.flixbus.fr)

ITEMS	PRICE
Lille - Paris / return ticket	5 to 25
Lille - Brussels / return ticket	5 to 15
Lille - London / return ticket	17 to 45

OTHER OPTIONS

CAR AND CAR-POOLING

[HTTPS://WWW.UBER.COM/FR/FR/](https://www.uber.com/fr/fr/)
[HTTPS://WWW.BLABLACAR.FR](https://www.blablacar.fr)

ITEMS	PRICE
Lille - Paris / one way	4 to 25
Lille - Brussels / one way	4 to 12
Lille - London / one way	20 to 35
Uber cars to move around Lille	5 to 25



CULTURAL ACTIVITIES

[HTTPS://WWW.LILLETOURISM.COM/](https://www.lilletourism.com/)

ITEMS	PRICE
Fine Arts Museum / student rate	4
Natural History Museum / student rate	3.50
Charles de Gaulle Birth place / student rate	4
Tripostal / student rate	7
Cinema UGC / student rate	7.90
Opera	5 to 69
Sebastopol Theatre	20 to 60

SPORT

[HTTPS://WWW.LILLE.FR/QUE-FAIRE-A-LILLE/ENVIE-DE-SPORT](https://www.lille.fr/que-faire-a-lille/envie-de-sport)

ITEMS	PRICE
Competition (soccer, basketball...)	20 to 50
Practice (sports proposed by the University taking place at University's campuses)	Free <small>*student card required</small>



READING

[HTTPS://WWW.FNAC.COM](https://www.fnac.com)
[HTTPS://WWW.FURET.COM/FR/](https://www.furet.com/fr/)

ITEMS	PRICE
Book	10 to 25
Paperback	6 to 9

THE PRESS

ITEMS	PRICE
Daily newspaper	1 to 2
Weekly newspaper	2 to 4
Foreign newspaper	3 to 5

HOUSING

ITEMS	PRICE <i>per month</i>
Hall of residence	250 to 400
Personal room	250 to 600



FOOD

CARREFOUR ; MATCH ; MONOPRIX

ITEMS	PRICE
Bread Potatoes (1kg)	1
Rice (1kg)	0.80
Eggs (6)	2
Cheese	1.50
Fruits and vegetables (1kg)	2 to 5
1 steak	2 to 6
Milk (1l)	1.00
Soda (1l)	0.80
Beer (at the table)	1.80
Coffee (at the table)	3
University cafeteria	2 to 2.50
Coffee from Machine	

Those prices are susceptible to change.

Bank Account

- **Opening a Bank Account**

The opening of a bank account in France is optional but highly recommended in order to simplify administrative procedures such as accommodation, mobile phone etc.

You can open a bank account in France in any Bank of your choice. To do so, you will need **a passport or an ID card and a proof of French address.**

The counsellor will offer different kinds of accounts. To choose well, you can ask them some questions such as: Can I consult my bank account online? Are there any opening and closing fees? Do I have to pay to withdraw money from an ATM? Can I withdraw money from another bank's ATM? Do I have to pay to do so?

The ESN association (Erasmus Student Network) also has a partnership with the LCL bank. If you join the association, you can benefit from advantages in this bank.

Choose your bank carefully and take into consideration that each bank has different offers for students and demands a different amount of money for the opening of the bank account.

If you are looking for accommodation through real estate agencies you should be aware of the fact that it is essential to have a French bank account.

- **Transferring money**

A transfer (or 'Virement', in French) is a method of payment from one bank account to another. You can transfer money online, or in the agency. In both cases, you will need a RIB (your bank account details) on which figures your account number.

- **Money Deposit**

In the agency, you will find the necessary documents to make a deposit (checks or bills). Some information must figure on the documents, like your account number. If you pay in a check, do not forget to write your account number and to sign on the back of it.



5. EVERYDAY LIFE

Transportation

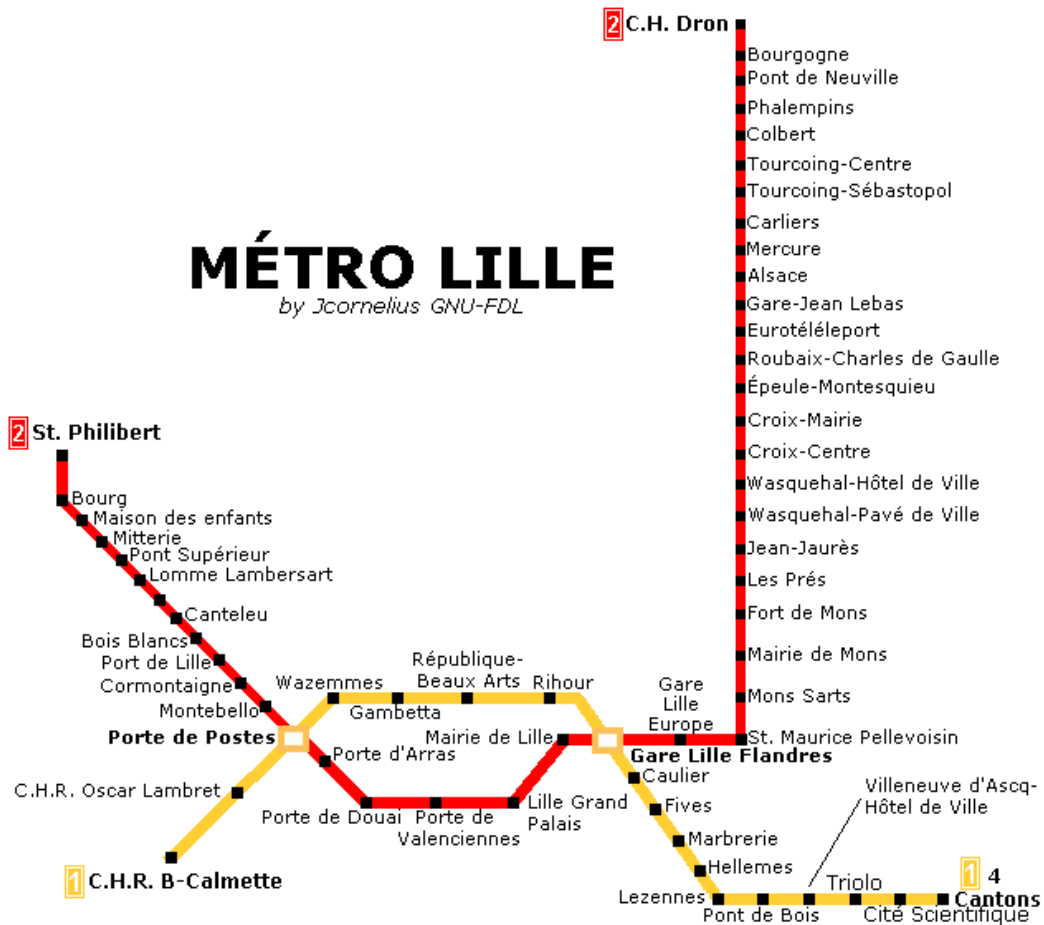
- Public Transportation

The Lille Metropolis is composed of several towns (Lomme, Lambersart, Roubaix, Tourcoing, ...) linked by a public transportation network (underground, bus, tramway) managed by the **Transpole** company. To use this network, you must have a ticket, which can be bought in underground stations (distributors), or in some tobacco stores, cafés, or newspaper stores, which display the Transpole logo. After having been presented to the machine, these tickets are valid for one-way travels, with connections.

	All customers	Season Ticket Holder (-26) Viva
One-way Ticket	1,65€	Included in either Weekly or Monthly ticket
ZAP Ticket (3 stations)	1.05€	Included in either Weekly or Monthly Ticket
Book of 10 tickets	14.45€	11.20€
Ticket "Pass Journée"	4.90€	Included in either Weekly or Monthly Ticket
Monthly Ticket	58€	29€

More information on: <https://www.ilevia.fr/fr/>

- Underground lines



- Trains

The SNCF (French Rail Network) allows travels on the entire French territory. For young people aged from 12 to 27 years old, the 12-17 and the 18-27 cards offer discounts up to 60% on travels, for an initial cost of 50€ per year. More information on: <https://en.oui.sncf/en/train/train-discount-card/avantage-jeune>

- **Bicycle**

Bicycle is one of the fastest ways to go from one point to another in town. It is practical, economic and ecological! Lille has numerous bicycle paths throughout the town.

If you want to use one, you can:

1. Use the V'Lille, a bicycle self-service system,



2. Buy a new bicycle in stores such as B'Twin, Cyclogreen or Décathlon ;
3. Buy a second-hand bicycle on those useful links: Association Droit au Vélo or Le Bon Coin

6 HOUSING

Hunting for Accommodation

It is sometimes difficult for students to find accommodation. Ads websites can help you to that extent. They allow you to select specific criteria such as price, location, floor area, number of rooms, and so on. In Universities, you may find ads on notice boards.

In addition, if you are looking for accommodation through real estate agencies you should be aware of the fact that it is essential to have a French bank account and a French guarantor.

- **Sciences Po Lille Housing Platform**

The university housing platform will help you to:

- Find a rental close to the campus
- Find your international or French roommate(s) and form shared rentals
- Find a room in a French family

Thousands of accommodations from private owners, halls of residence, real estate agencies, or rooms in private homes, are available close to Sciences Po Lille: **Studapart**.

- **Housing Anywhere**

The concept of this platform is for outgoing students to sublet their room for a short period of time to incoming students. This website is free to use and it operates on a full student-to-student basis.

<https://housinganywhere.com/fr/>

- **Useful addresses:**

- Halls of residence
 - Public residences: CROUS (online application form, <https://www.crous-lille.fr/international/>)
 - Private apartment buildings: Adele.org

Hall of residence

This type of residence is composed of relatively recent accommodations with one or two rooms. These residences are furnished and located near Universities or in the city center. They offer numerous services: common halls, cafeterias, Laundromats, sports halls, TV lounges, parking areas, reception, cleaning...

Renting can begin at any moment of the year, even for short periods (6 months). However, September is a very busy month, and you may not have an immediate answer to your request.

The process to get this type of accommodation is the same that the one for 'classical' rented apartments, that is to say that a bail deposit and agency fees are common.

Useful addresses: Les Lauréades, Les residences Lamy, Estudines, Le Service Logement Etudiant.

Renting privately

You will find ads for private renting on specialized websites. You will have to get in touch with the owner, in that particular case.

Useful addresses:

- De Particulier à particulier
- LocService
- EntreParticuliers
- Apparticulier
- Pasdagence
- Trovit

Temporary housing

If you have not yet found accommodation, there are temporary solutions for you.

- Youth hostels in Lille (rooms can have fridges, showers and sinks. Cultural activities are often organized in them)
 - <http://www.fuaj.org/Lille.html?page=article>
 - Gastama Hostel
- Hotels in Lille's city center on Booking. (Warning: some hotels are located outside of the town itself, so be sure that you will be able to get there before booking!)
- Lodgings at an individual's house: www.couchsurfing.org

Colocation

Colocation consists in sharing accommodation. This type of housing is more and more popular in student circles because it allows for much reduced fees.

Useful address:

- Air BnB: <https://www.airbnb.fr/>

→ CROUS

The CROUS is a public organism which manages services destined for students (housing, welfare benefits, international students ...).

You can apply for accommodation on the CROUS website.

CROUS

74 rue de Cambrai, (métro porte de Valenciennes)

59000 Lille

France

Phone : 03 20 88 66 13



Intergenerational housing

If you seek both accommodation and conviviality, some associations can get you in contact with senior citizens who can provide low-fee housing in exchange for a few services (for example, grocery shopping, foreign language or computer classes, or simply company around a meal from time to time).

To find this kind of accommodation, you will have to be a member of the association, and also have to send a motivation file which will indicate your age, your field of studies, whether or not you possess some form of transportation, which services you would be willing to provide, ...

- **Contact :**

Génération Cultures

61, rue de la Justice

59000 LILLE

Tél : +33 (0)3 20 57 04 67

generationsetcultures@nordnet.fr

More information : www.generationsetcultures.fr

Moving in

During the visit, you are encouraged to **ask some questions**:

- When and How do I pay the lease? Via check, transfer, or in cash? Will I have a receipt?
- Are there service charges to pay on top of the lease? If so, which ones? (Real Estate Agencies accept only check as a payment method for service charges, payment in advance and security deposit which are usually needed in order to enter the apartment)
- Can I benefit from the CAF's housing scheme?
- Is the accommodation bright enough?
- Which kind of heating system is used? Gas or electricity?
- What is the prior warning of departure's delay?



The lease agreement must be written down. It must indicate clearly the total amount of the lease and the chosen way and the date to pay for it, the duration of the stay, the nature of the rented property (accommodation only or accommodation and workplace). It must also contain both owner's and tenant's signatures (and guarantor's signature if the agreement is made through a real estate agency), the precise description of the accommodation and the owner's contact details.

The security deposit is the amount that is given to the owner on the lease agreement's signature. It allows the owner to protect himself against degradation or unpaid lease. It usually amounts to one or two months of rent (without service charges). It will be given back at the end of the contract if no degradation of any kind has been observed during the departure inventory of fixtures.

The inventory of fixtures (on arrival) serves as an inspection of the apartment. This document describes the precise state of the apartment when you arrive. Do not forget to note existing degradations so that you do not have to pay for repairs when leaving.

Receipt for rent paid: when you pay the rent for the first time, you must ask for a receipt from the owner. This will allow you to prove that you do pay rent. This document can be asked as proof of housing or when applying for the housing scheme, for example.

Insurance: It is highly recommended to insure your accommodation, at least against fires and floods. It is also suggested to contract a public liability insurance. You can also contract one against theft. From now on, all accommodations provided by the CROUS or by real estate agencies must be insured against theft, fire hazards, and water damages. An attestation of such insurance can be demanded at your arrival.

Council Tax: You must pay one if you reside in your apartment on January 1st. the sum varies according to your financial situation and the characteristics of your accommodation (number of windows, location, surface area, ...). People who have low income can benefit from a lowering or an exoneration of this tax. You can get more information if you contact your Tax Center (“Centre des Impôts”). To know which the nearest one is: www.impots.gouv.fr “Vos services locaux” (end of page)

Housing Schemes: The APL (Aide Personnalisée au Logement) and the ALS (Allocation de Logement Social) are State schemes. They are managed by the CAF (Caisse d’Allocations Familiales (Social Welfare Family Allowance)) and the amount varies according to your funds. Precise conditions are to be respected in order to benefit from this allowance. You can build a file (downloadable) on the website www.caf.fr at your arrival in France. It must contain (at least) the following documents:

- A copy of your passport or ID card
- A birth certificate translated in French dated no further than 3 months back
- A copy of your student card or certificate of attendance
- A RIB (see Financing)
- A copy of the OFII label for non-EU students.

The file must be completed in the month following your arrival in France. Count a 2 months delay before receiving the first payment of the allowance. For CROUS residents, the APL will be transferred directly to the Hall of Residence and will be deducted from your lease. If you choose to live in a colocation, each inhabitant must constitute a file for the CAF.

For more information, and to run a simulation: www.caf.fr

After finding your accommodation, you may have some other things that need to be done:

→ Signing a contract for gas and/or electricity

EDF / GDF is the main provider for gas and electricity in France, but you are free to choose which provider is the best for you.

→ Looking for Communication means (see Communication)

→ Furnishing your accommodation: there are some solutions to find second-hand furniture (junk shops, websites, associations...). There are also websites where you can rent furniture and home appliances offering packages in good prices

Useful links:

→ www.ameublea.fr

→ Le Bon Coin: <https://www.leboncoin.fr/>

→ Emmaüs : www.emmaus-france.org

→ Troc.com : www.troc.com

→ Donation Websites :

○ www.co-recyclage.com

○ www.recupe.net

Moving out

The prior warning of departure must be written to the owner. It consists in informing your property owner of your departure date. A period of one to three months is to be anticipated (or the period agreed on in the lease agreement).

You should also warn the CAF of your departure at least a month beforehand so that they may know when to stop paying the allowance, if you benefit from one.

To end your gas and/or electricity contract, you need to warn the company of your departure. Meter-readings are often required so that you do not pay more than is necessary.

The departure's inventory of fixtures is an inspection of the accommodation by the owner, who checks that nothing has been degraded during your stay. Accommodations must be clean and completely empty at the time if you want to get your security deposit back. It is also the moment to give the keys back to the owner. A legal period of two months is allowed the owner to return you the security deposit.



7. COMMUNICATION

Keeping informed

- Press



There are two types of newspapers:

-Free ones: they are often handed to you when exiting a subway or rail station. You may also find some in tobacco stores.

-Paying newspapers: they are available in tobacco stores, newsstands...

- Online press



You can also read the press online, however some websites only allow subscribers to access to the contents of the articles.

- TV



There are several hundreds of channels available in France, though most of them are not free. Some of them put forward regional editions of the news, or educative, cultural, or sport programs.

- Radio



There are a lot of radio stations in France, such as France Bleu Nord, France Culture, France Inter, France Info, LeMouv' and Radio Campus (which is a student radio managed by Lille 1's Students)

- Making Calls



The French phone number is composed of 10 signs. The first two change according to the geographical area. To reach France from abroad (may you contact a mobile or landline phone), you have to dial 00 33, then the phone number omitting the first 0. For example, to call the 03 20 11 22 33, you must dial 00 33 3 20 11 22 33.

Most students have a mobile phone of some sort. Once in France, you should change for a French operator (and there are numerous ones). Having a French phone number definitely facilitates your life here.

If you do use your phone much, you can use pay as you go plans offered by all operators. You will find refills in tobacco stores as well as malls. If you use your mobile phone quite often, it would be better to contract a subscription, which will be a better bargain.

Warning: Subscriptions are usually a year-long at minimum, but it can last 2 years if you prefer specific offers. Take the time to read very carefully the contract before signing anything.

Another option is to buy a package including Internet, unlimited Phone Calls/SMS/MMS to Metropolitan France, phone calls to 100 destinations worldwide, without engagement in special prices starting from 2€.

Internet Access



To have access to Internet at home, you need to have a telephone line. Operators often offer packages (Internet connection, phone use, TV) with monthly fees starting from 15€. Comparison of prices can be found here: <http://www.ariase.com/fr/comparatifs/index.html>

Or here: 02 99 36 30 54

You should know that 2 or 3 weeks may be required between the signature of the contract and the use of the products.

You can also use Wi-Fi Hotspots offered by the most of the operators.

If you leave in a residence, most of the time, you can benefit of a central Wi-Fi installation.

If you have a laptop, you can have access to the University network thanks to wireless terminals. They are several in the Institute. When you finalize your application to Sciences Po Lille, you will be given your user ID and password for you to use the wireless and the ENT (Environment Numérique de Travail (Intranet)). Some computers are also available for you to use in the computer labs.

Some public areas provide a wireless network, like cafés, fast foods, trains, hotels ... If you do not have a laptop, you can use cybercafés to get to the Internet.

Postal Services

You can send both letters and packages through La Poste (the French postal service). Fees vary according to weight and destination. Stamps can be bought at La Poste or in tobacco stores. A letter weighting less than 20 grams will cost 0, 80€.

Info: it is possible to pay your electricity bill in La Poste's counters.

8. HEALTH

Affiliation to the Social Security System

- **For EU Students**

The CPAM (Caisse Primaire d'Assurance Maladie (Health Insurance Office)) will manage reimbursements of treatments on presenting the European Health Insurance Card (which you need to get before leaving for France). To be reimbursed, you will have to go to the CPAM with your European Health Insurance Card, the treatment forms and a RIB. The amount will be transferred to your bank account shortly.

You can also subscribe to an additional healthcare cover to be better reimbursed, since the Sécurité Sociale do not reimburse all of the medical fees.

- **For non-EU students**

Exchange students (including Turkish students) will not have to be affiliated to the French Healthcare System during their exchange experience. However, they do need to be covered!

Exchange students (including Turkish students) will have to prove that they are covered during their full stay in France. Thus, students will have to submit a certificate proving that their international insurance is valid in France.

For Quebeckers, a memorandum of understanding exists between both Governments. If you have either the SE401Q102 form or the SE401Q106 one, you will not need to subscribe to the French Healthcare System.

Health Prevention Program

- **The SIUMPPS (Service Interuniversitaire de Médecine Préventive et de Promotion de la Santé)**

It is composed of general and specialist practitioners, nurses, psychologists and caseworkers. They are here if you need them, especially for:

- Medical check-ups
- Medical, psychiatric, psychological, gynecologic consultations
- Nursing treatments
- Stress management
- Dietary advice
- Helping you stop smoking
- STD prevention

- **The SPS**

A medical and social team welcome you and offer:

- Preemptive consultations: vaccination, stop smoking
- Screening and preventing tuberculosis and STDs

Some of them offer anonymous HIV screening consultation.

Contact :

Service de Prévention Santé de Lille
8 rue Valmy
59000 LILLE
Tel: 00 33 (0)3 20 18 13 60

Addictions and Illnesses Guidance and Treatment

SIDA Info Service (AIDS information)

+33 (0)800 840 800

www.sida-info-service.org

Centre d'Information et de Traitement des Dépendances (Information and Treatment of Addictions)
57, Boulevard de Metz
59000 LILLE
+33 (0)3 20 44 60 98

Drogues, Alcool, Tabac Info Service (Information on Drugs, Alcohol and Tobacco)

Tél : 113

www.tabac-info-service.org; www.alcoolinfo.com

Institut Pasteur

Tobacco: +33 (0)3 20 87 79 90

Dietary advice: +33 (0)3 20 87 71 74

Alcohol: +33 (0)3 20 87 78 47

1, rue du Professeur Calmette

BP 245

59019 LILLE CEDEX

Tel : 00 33 (0)3 20 87 78 00

www.pasteur-lille.fr

Hospitalization

The CHRU (Centre Hospitalier Régional Universitaire – Regional University Hospital Center) of Lille is the only University Hospital Center in the Nord-Pas-de-Calais. It offers you, should you be hospitalized, Emergency services (ophthalmology, cardiology, gyneco-obstetrics, pediatrics, vascular, traumatology...)

Contact:

Centre Hospitalier Régional Universitaire

2, avenue Oscar Lambret
59037 LILLE CEDEX
Tel: 00 33 (0)3 20 44 59 62

9. CONTACT

If you have any question, or if you would like to get more information, please contact:

EMMANUEL BUTEAU
COORDINATOR OF INCOMING MOBILITY

Phone: +33 (0)3 20 90 42 85
Address: 9 rue Angellier - 59000 - LILLE
Email: emmanuel.buteau@sciencespo-lille.eu
Website: www.sciencespo-lille.eu

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Address: 9 rue Angellier - 59000 - LILLE
Email: fabienne.zelent-clairis@sciencespo-lille.eu
Website: www.sciencespo-lille.eu

**Looking forward to meeting you soon, for a wonderful experience at
Sciences Po Lille!**